

SG 203

Prayer Life

Course Credit: 3 Semester Hours

I. Course Description

The goal of this course is to guide the student to a deeper understanding of the spiritual significance of a disciplined prayer life. It will examine how developing a habit of prayer is a necessary ingredient if one desires to build and grow in understanding the grace of God and the fullness of His Church.

II. At the conclusion of this course, students will have:

1. An understanding of the importance of a consistent prayer life in spiritual warfare
2. Knowledge of different kinds of prayers and how to apply them in different circumstances
3. An understanding of the relationship between personal prayer and the Sacrament of the Eucharist
4. Awareness of the importance of inner communion with God and its relationship to gratitude

III. Materials Needed

Reading materials will be provided in the virtual classroom as Reading Supplements

IV. Course Content

Lesson I: On Prayer

- Lesson II: Mental or Inner Prayer
- Lesson III: Learning to Pray From Our Spirit and Our Heart
- Lesson IV: On Praying in Our Own Words
- Lesson V: On Short Prayers
- Lesson VI: Aids in Success to Acquiring the Habit of Prayer
- Lesson VII: The Role of Prayer in Unseen Warfare
- Lesson VIII: The Holy Sacrament of the Eucharist
- Lesson IX: Kindling the Love of God in Ourselves Through the Eucharist
- Lesson X: Communion With the Lord in the Spirit

V. Assignments

For each lesson, write 250-500 words in total for each assignment in each lesson, double-spaced. Each lesson will account for 10% of your grade. Faculty will give substantive commentary on all assignments. Final exam details, if applicable, are explained in the virtual classroom content on moodle.com.

VI. Attendance

We do not have an official attendance policy due to the nature of being a self-paced course (faculty are expected to engage with each student at least once per week through moodle.com).

VII. Participation

All students must engage at least once per week in the asynchronous forum discussion group. Access is made available in the virtual classroom.